



ENROLLED NURSING IN MENTAL HEALTH

OPR1 – WAIKATO HOSPITAL MENTAL HEALTH FOR THE OLDER PERSON



WHAT IS MENTAL HEALTH ?

- ▶ **MENTAL HEALTH VERSUS MENTAL ILLNESS**
- ▶ **COPING AS A FAMILY WHEN A LOVED ONE HAS A MENTAL ILLNESS**
- ▶ **WHAT SUPPORT IS AVAILABLE AS A FAMILY**

MY ROLE AS AN EN IN A MENTAL HEALTH WARD

ENROLLED NURSING ON THE WARD

- ▶ SUPPORT FROM OTHER STAFF....
- ▶ SPEC TRAINING....
- ▶ HOLISTIC APPROACH....
- ▶ BUILDING THERAPEUTIC RELATIONSHIPS....



PATIENT CASE STUDY

PATIENT ADMITTED BECAUSE....

- ▶ PATIENT PRESENTING WITH PSYCHOTIC BEHAVIOURS ON ADMISSION...
- ▶ DIAGNOSES...
- ▶ TREATMENT PLAN...
- ▶ FAMILY SUPPORT...
- ▶ MEDICATIONS...

WHAT HAPPENS NEXT...





**YOUR
SAFETY AND
THE SAFETY
OF
OTHERS...**

**WHAT TOOLS DO WE USE FOR
SAFETY...**

DE ESCALATION...

DISTRACTION...

RESTRAINT...

MEDICATIONS...

WHERE TO FOR THE PATIENT AFTER OPR1

FAMILY MEETINGS...

HOME OR RESTHOME/HDU FACILITY...

DISCHARGE PLAN...

